

What is the Institut universitaire de gériatrie de Montréal (IUGM)?



In this issue of the newsletter, we explained all the details from our new Healthy Aging program, of which we are very proud. As you are aware, this program is currently under development with our partners, including the Institut universitaire de gériatrie de Montréal. But what is this Institute about? What are its capabilities and its fields of expertise? In this article, we will discover a small part of this world-renowned Institute, which is the pride of the University of Montreal as well as the province of Québec.

The IUGM has 452 beds available for short-term and long-term stays, as well as an ambulatory centre, which includes one of the only geriatric pain management clinics in the world. It is the Quebec leader in clinical practice, specialized care, health promotion and development of knowledge related to aging and seniors' health. The IUGM counts 1,300 employees, doctors, researchers and volunteers, who are all experts in senior care and services.

The Research centre is renowned as the largest of its kind throughout French-speaking countries. A member of the Réseau d'excellence en santé de l'Université de Montréal and recognized by the Fonds de la recherche en santé du Québec (FRSQ) since April 1995, the Centre counts numerous activities based on the significant contribution of numerous teams from various healthcare sectors. The CRIUGM has 42 teams of researchers and its research program is based on two main guidelines:

- Aging Neurosciences
- Health promotion, care and intervention

The Institut universitaire de gériatrie de Montréal is a centre specially dedicated to seniors, which provides various short-term and long term programs, including intensive functional rehabilitation, short-term geriatric assessment, long-term care and living accommodations as well as an ambulatory centre.

This Institute also has a research centre (CRIUGM), renowned as one of the most significant in its field across North America – it also counts a Cognitive health centre (CESCO) which works to promote, maintain and improve seniors' cognitive health.

Affiliated to the University of Montreal and recognized by the Fonds de la recherche en santé du Québec, the IUGM also includes teaching and research facilities on health and aging, on a national and international scale. It is considered as one of the best references in its field, for the broadcast of its expertise, its technology assessment capabilities as well as its intervention initiatives.

Finally, IUGM practitioners and researchers contribute to the development of a unique expertise on aging and seniors' health. The IUGM will work in collaboration with Azur in order to develop original solutions for the increasing needs of its clientele, as well as those of the health & social services network. The aging of the population represents a challenge for Quebec – the tools provided by the Institute will allow the network of Azur retirement homes to remain a highly respected leader in the retirement home market, thanks to its Healthy Aging program.

The Fondation Institut de gériatrie de Montréal works to raise funds for the benefit of IUGM's continued excellence. As such, the Foundation has given over 8 million dollars to the IUGM so far, in order to help achieve its objectives and provide better care to seniors. Dedicated to improving the health and well-being of seniors, Cogir Management Corporation is an important collaborator with the IUGM Foundation.

(Source : www.iugm.qc.ca)